



## Mentor Information Packet (Grades 9-12)

Thank you for choosing to be part of Partnering for Eternity. Our hope is that you and your student mentee will have a great impact on each other's lives.

In this packet you will find:

- ❖ A description of your commitments as a mentor
- ❖ A guide for your first visit(s)
- ❖ Activity suggestions
- ❖ Questions to help your mentee explore their life purpose
- ❖ Questions your mentee can ask to get to know you better
- ❖ 2020-2021 PFE Calendar
- ❖ Contact Information

Student Name \_\_\_\_\_

Mentor Name \_\_\_\_\_

## What Does It Mean to Be a PFE Mentor?

### Blessings of Being a Mentor

1. You benefit from having a young person in your life, both from the relationship you form, and the service you provide each other.
2. You improve the livability of your community by mentoring a child.
3. You support your local church and school.
4. You help a child with defraying the cost of a Seventh-day Adventist education.
5. And it will change your life too!

### A Mentor's Commitments

1. Commit to a minimum of 2 hours per week with your student mentee. Those hours can be divided during the week as needed or spent in one day. Visit time submitted for scholarship must not take place during a school event or during Sabbath hours. But we hope you build such a strong relationship, that you will spend *extra* time together!
2. The visits will continue for an entire school year. If you enjoy the program, think about committing another year.
3. Visits must occur while you are present. Only visits that occur while you and your student mentee are together may be submitted for scholarship.
4. Light chore activities have their place during visits, especially if your student mentee is willing and able-bodied. However, be present with your student mentee while they are completing chores. Working alongside each other is the best.

### A Partnering for Eternity Mentor...

- ❖ Exhibits willingness and enthusiasm to mentor one student during the entire school year.
- ❖ Is open to extra help and companionship.
- ❖ Is present for consistent and intentional visits at least once per week.
- ❖ Aids students in building fundamental skills.
- ❖ Shares information about personal career and life calling.
- ❖ Shares interests or hobbies or would like to teach or learn a new hobby.
- ❖ Engages in conversation and activities, including chores, with the student.
- ❖ Serves as a role model and caring adult during visits.
- ❖ Encourages the student to work hard in school.
- ❖ Accepts and relates to students who may not share the same, or any, religion; at the same time setting a good example.
- ❖ Provides a safe environment for a student.
- ❖ Reports to the Mentor Liaison if you perceive your student mentee is in any danger or trouble.

## Your Student Mentee's Responsibilities

- ❖ Be committed to visiting a mentor and impacting their life.
- ❖ Have the willingness to serve, grow, and build a relationship with a mentor.
- ❖ Be open to learning all they can from a mentorship.
- ❖ Be open to having their life changed in a positive way.
- ❖ Visit with a mentor 2+ hours weekly and submit a reflection each week by the designated weekly deadline.
- ❖ Be on time.
- ❖ Be courteous, kind, and respectful.

## A Guide to Your First Visit

PFE Administration realizes that your first visit in the program can be daunting, even if you have participated in past years. Every student/mentor relationship is unique, and it may take a few visits to find the ways in which you work best together. To help ease you into the new program year, get to know your student, and set up a schedule that works, we have created this guide to help you navigate your first visit(s). Thank you for your commitment to the program!

1. Ask “Get to Know Each Other” questions
  - a. When is your birthday? (write it on the calendar below and plan something special)
  - b. Do you have any siblings? Tell me about them.
  - c. What is your favorite color?
  - d. What is your favorite food? (write it down and plan to cook together)
  - e. Do you like fruit or veggies more?
  - f. Do you have any pets? If so, tell me about them.
  - g. What is your favorite animal?
  - h. What is your favorite holiday? (write it on the calendar below and plan something special)
  - i. What is your favorite class in school?
  
2. Fill in your PFE calendar
  - a. Plan your semester of visits
    - i. If you pick a specific day/time of week to visit, set up a Plan B for missed visits.
  - b. Make note of holidays/vacation time
    - i. Plan for when you will make up those visits
  - c. Plan special activities (cooking dinner, birthdays, etc.)
  
3. Make a list of activities you would both like to participate in during visits
  - a. Reference the activity idea list below if you run out of ideas

## Activity Suggestions

- Learn or share a new hobby
- \*Help with chores (raking, sweeping, organizing, vacuuming)
- Build something
- Cooking/baking
- Crafts and art (knitting, painting, drawing)
- Have your mentor teach you about financial responsibility (budget, saving, tithe)
- Create a funny video
- Have an indoor/outdoor picnic
- \*Tell stories
- Play board/card games (Uno, Monopoly, Scrabble)
- Do a puzzle
- Write a poem together
- Go for a walk
- \*Discuss your future career options
- \*Interview each other
- Explore other countries/cities on Google
- Teach your mentor about technology
- Make a recipe book
- Plan a "Show and Tell"
- Exercise together
- Gardening
- \*Read aloud
- Make a family tree
- \*Sidewalk/driveway chalk
- Create a life timeline
- Play word or imagination games (Word Chain, Going on a Trip, I'll pack.. 20 questions)

## Help Your Mentee “Explore Their Life Purpose”

We encourage you to have discussions with your student that help him/her to consider their future. This could be exploring various professions they may be interested in and the steps needed to get there; it could mean personal goals; it could mean exploring new hobbies the student may want to learn about. We hope that you and your student can spend time exploring things in life that bring a sense of purpose and fulfillment.

We hope that talking about some of the below questions may help them discover their passions and the steps to take on their life journey. Thank you for being a part of that journey as your student's PFE mentor.

### Learning From A Mentor

What was your first job?

How did you get that job?

What did you learn from that job?

Who helped you determine what you should do for work?

How did you find your way to your job/career?

What did you think of your job/career choice?

If you could go back to the beginning of your career, what job(s) would you pick and why?

### Learning About A Student

What do you think are some of your strengths?

What do other people say you are good at doing?

What classes do you enjoy the most?

What activities outside of school do you enjoy the most?

What strengths does your mentor think you have?

How would you like to make a difference/impact in your community?

What value do you hope to add to society?

### Applying Your Strengths

Think of people in your life whose profession/interests you admire?

What about that profession/interest is appealing to you?

Do you think your strengths align with that profession(s)/interest(s)?

What profession(s)/interest(s) sound interesting to you?

Think about the strengths you discovered above. Do those strengths align with the profession(s) that interest you?

What profession(s)/interest(s) does your mentor think you would excel doing?

### Action

Think about the profession(s)/interest(s) above you determined are interesting to you.

What steps do you need to take to get there?

Do you need to go to college? What classes do you need to take?

What internships would be helpful to achieve your desired profession(s)?

What network should you build to help you achieve your desired profession(s)?

### Volunteering/Hobbies

Are there any local nonprofits that interest you?

Have you ever thought about volunteering at those nonprofits? Look on their website and explore their volunteer opportunities.

Is there anything at your local church that you would like to be involved in (ex. learning the sound system; greeting people as they arrive at church; helping set up for potluck)?

Are there any new hobbies you'd like to learn about?

## **“Get to Know Your Mentor” Questions**

### Childhood

Do you have siblings?

With whom are/were you closest?

Where did you grow up?

Who was your favorite teacher in school and why?

What was your favorite vacation spot as a child and why?

What jobs did you have when you were a teenager?

What did you do with the money you earned?

Did your parents give you an allowance?

Did/do you have a nickname?

What was/is it and how did you get it?

### Relationships & Family

Have you ever been married?

If so, how did you meet your spouse?

Tell me about your first or most interesting date.

Did you have children?

What are their names?

Where do they live now?

Do you have grandchildren?

Who is your best friend and why?

Where did you meet this person?

Are you still in touch?

What does the word “family” mean to you?

What non-family members made the biggest impact on who you are today?

What is the best gift you have ever been given?

### Life's Work & Fulfillment

What was your most interesting job?

How did you find your way to your job/career?

In addition to being paid money, how else has your career created value in your life?

Value to others?

What accomplishment(s) do you feel proud of?

What hobbies or activities have you enjoyed throughout your life?

### Faith and Life Philosophy

Can you think of a time when you saw God leading in your life?

What is the most important lesson/wisdom you have learned in life, otherwise known as “truisms”?

If you could go back, is there anything you would do differently?

What is your definition of “happiness”?

Is there one message you would like to make sure your family or friends receive from you?

### Historical Experience

Do you have any personal experience with the military?

Civil rights?

Women's rights?

Health pandemics?

# August

# 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

### Suggested Activity:

Along with your student, develop your 2020-21 calendar. This will be helpful for you both in the long run.

**Notes:**



# September

# 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
6	7 Labor Day	8	9	10	11	12
13 Grandparent's Day	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3

### Suggested Activity:

Plan a special day with your mentee in honor of Grandparent's Day. Have your mentee upload a picture of you together with their weekly reflection.

**Notes:**

# October

# 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12 Columbus Day	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### Suggested Activity:

Ask your mentee:

- Do you have brothers and sisters?
- Do you like going to school? Why or why not?
- Tell me about your favorite teacher.
- What do you do during the summer?

Notes:

# November

# 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Saving	2	3	4	5	6	7
8	9	10	11 Veterans Day	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26 Thanksgiving	27	28
29	30	1	2	3	4	5

**Suggested Activity:**

Share with your mentee what traditions your family has for Thanksgiving.

**Notes:**

# December

# 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24 Christmas Eve	25 Christmas Day	26
27	28	29	30	31	1	2

### Suggested Activity:

Share with your mentee about your fondest memory during the Holiday Season. Also plan when visits will or will not occur during their school breaks.

**Notes:**

# January

# 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18 Martin Luther King Jr. Day	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

### Suggested Activity:

Perform some type of community service with your mentee.  
Have them write about the experience.

**Notes:**

# February

# 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14 Valentine's Day	15 President's Day	16	17	18	19	20
21	22	23	24	25	26	27
28	1	2	3	4	5	6

**Suggested Activity:**

Make a special gift to give to your mentee for Valentine's Day.  
[A card, cookies, or a nice letter, etc.]

**Notes:**

# March

# 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	1	2	3	4	5	6
7	8	9	10	11	12	13
14 DAYLIGHT SAVING	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

### Suggested Activity:

Teach a new skill to your mentee.

Ideas could be:

- Sewing/crocheting
- Building something
- Cooking/baking

Likewise, plan when visits will occur if their spring break is this month.

Notes:

# April

# 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
4 Easter Sunday	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	28	30	1

### Suggested Activity:

Share with your mentee what it was like for you growing up, and what some of your favorite memories were as a child.

Document in a way that is fun for both of you.

- Draw a picture
- Write a story
- Make a video
- Take a picture

Likewise, plan when visits will occur if their spring break is this month. Have them upload whatever you created with their weekly reflection.

**Notes:**



# May

# 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9 Mother's Day	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31 Memorial Day	1	2	3	4	5

### Suggested Activity:

Tell your mentee what you enjoy most about their visits. Document in a way that is fun for you.

- Draw a picture
- Write a story
- Make a video
- Take a picture
- Write a thank you letter

Important Note: There are no specific expectations as to what activities or events occur during your PFE visits. You and your student mentee can decide on activities that encourage friendship growth and are enjoyable for you both. You may find that being spontaneous each visit works well for you or you may want to spend one of your initial visits coming up with a visitation activity plan. Each mentor/mentee pairing is unique, and we encourage you to find a routine that works best for your pairing.

Please reach out to your Mentor Liaison or PFE Administration if you have any concerns or need more activity suggestions. We are happy to brainstorm with you!

### Contact Info

Mentor Liaison Name:

Mentor Liaison Phone Number/Email:

PFE Administration

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